



## **Water Safety Tips**

# **General Water Safety Tips**

Wherever there is water these rules apply.

- Always swim with an adult.
- If you see someone in trouble in the water, get help quickly
- If you are in trouble in the water:
  - Stay calm
  - Float on your back
  - Wave one arm for help.
- The better you can swim, the more fun you can have, so start taking lessons today.
- Always listen to and obey lifeguards.