

居家範圍內的水上安全

- 監管在水中或水邊的孩子
 - 為居家游泳池設圍欄
 - 倒掉充氣水池內的水，並在使用後把它收起
- 切勿讓孩子獨自一人戲水
 - 檢查是否有水性危險，如打開的水渠、池塘和水箱
- 把桶內的水倒掉，並確保它遠離孩子們



河畔，湖畔和水壩的水上安全

- 閱讀並服從標牌
 - 檢查條件，如水流和水溫
 - 注意濕滑的邊緣，搖搖欲墜的扶手和水下物體
- 避免在划船區附近游泳
- 入水前檢查水有多深



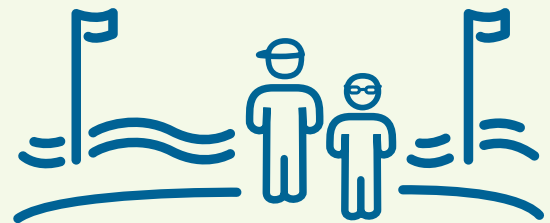
游泳池的水上安全

- 服從泳池救生員
- 閱讀泳池規則和其他標牌
- 如果您不會游泳，請遠離深處
- 安全戲水 - 不在水中動粗
- 檢查在池邊的深度標記



海灘上的水上安全

- 只在有巡邏的海灘戲水
- 只在紅旗和黃旗之間的地區游泳
 - 閱讀並遵守標牌
- 避免漂流，確定一個參考點





BE WATER SMART!

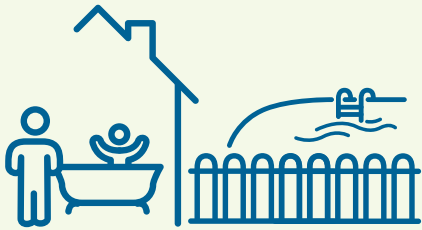
Share these Water Safety tips with your family and friends to keep them safe when in and around water.



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WATER SAFETY AROUND THE HOME

- Supervise children in or near water
 - Fence your home pool
- Empty inflatable pools and put them away after use
- Never leave children alone in the bath
 - Check for water dangers such as open drains, ponds and tanks
- Empty buckets and keep out of reach



WATER SAFETY AT RIVERS, LAKES & DAMS

- Read and obey signs
- Check conditions such as currents and water temperature
- Watch for slippery edges, crumbling banks and submerged objects
- Avoid swimming near boating areas
- Check the depth before you enter



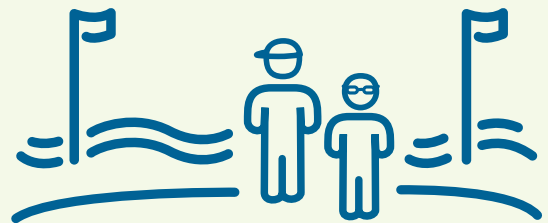
WATER SAFETY AT THE POOL

- Obey the pool lifeguards
- Read the pool rules and other signage
 - Keep clear of the deep end if you cannot swim
 - Play safe – no rough play
- Check the depth markings on the poolside



WATER SAFETY AT THE BEACH

- Always swim at a patrolled beach
 - Always swim between the red and yellow flags
 - Read and obey signs
- Avoid drifting, identify a reference point



Royal Life Saving Society – Australia

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