

注意水上安全!

与家人和朋友分享以下水上安全提示, 以便于保护他们在水中和水边时的安全。



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家中水上安全

- 监督水中或水边的儿童
 - 为家中泳池修建围栏
- 使用后倒空充气式泳池, 收起保管
- 千万不要让儿童在浴缸中独自玩耍
- 检查水边安全问题,如开放式下水道、 池塘和水罐
 - 倒空水桶,防止儿童接触



泳池旁水上安全

- 听从泳池救生人员指示
- 阅读泳池规定和其它标识
- 如果无法游过深水区,就不要前往深水区
 - 安全玩耍,不要过于鲁莽
 - 注意泳池旁的深水标记



江河、湖泊和堤坝旁水上安全

- 阅读并遵循标识
- 检查水情,如水流和水温
- 注意湿滑边缘、坍塌河岸和水中物体
 - 避免在船边游泳
 - 下水前检查水深



海边上水上安全

- 永远在有人巡逻的海边游泳
- 永远在红黄色安全旗之间游泳
 - 阅读并遵循标识
 - 避免漂浮,找到一个参照物



Royal Life Saving Society - Australia 皇家救生协会 - 新南威尔士

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BE WATER SMART!

Share these Water Safety tips with your family and friends to keep them safe when in and around water.



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WATER SAFETY AROUND THE HOME

- Supervise children in or near water
 - Fence your home pool
- Empty inflatable pools and put them away after use
- Never leave children alone in the bath
 - Check for water dangers such as open drains, ponds and tanks
- Empty buckets and keep out of reach



WATER SAFETY AT RIVERS, LAKES & DAMS

- Read and obey signs
- Check conditions such as currents and water temperature
- Watch for slippery edges, crumbling banks and submerged objects
- Avoid swimming near boating areas
 - Check the depth before you enter



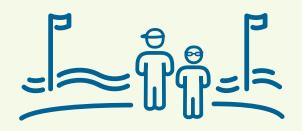
WATER SAFETY AT THE POOL

- Obey the pool lifeguards
- Read the pool rules and other signage
 - Keep clear of the deep end if you cannot swim
 - Play safe no rough play
 - Check the depth markings on the poolside



WATER SAFETY AT THE BEACH

- Always swim at a patrolled beach
 - Always swim between the red and yellow flags
 - Read and obey signs
- Avoid drifting, identify a reference point



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