Swimming Pools/Aquatic Centres – Key Safety Tips

- Always swim with an adult.
- Read and obey pool signs and listen to lifeguards' advice.
- Stay away from the deep end, unless you can swim well.
- Make sure the water is clear of swimmers before entering.
- Do not run around the pool edge.
- Check the depth markings on the poolside to see where it is safest to swim or dive.
- Play safely around water – do not push people into the pool.