HLTAID011
Provide First Aid
Learner Information

This course is suited to experienced industry professionals who have previously completed first aid training and are required to maintain current CPR and first aid competency as part of their professional or workplace requirements.

It includes a cluster of three (3) Units of Competence:

- HLTAID009 - Provide cardiopulmonary resuscitation
- HLTAID010 - Provide basic emergency life support
- HLTAID011 - Provide First Aid

This information sheet outlines the course delivery, assessment process and learning journey.

Course content includes:

- DRSABCD procedure
- Principles & legalities of First Aid
- Moving the casualty
- CPR including use of a defibrillator (AED)
- Non-life-threatening and life-threatening bleeding
- Hyperthermia and hypothermia
- Burns and scalds
- Poisoning and toxic substances
- Bites, stings and envenomation
- Allergic reactions and anaphylaxis
- Asthma
- Crush injuries
- Choking and airway obstruction
- Diabetes
- Fractures, dislocations, sprains and strains
- Drowning
- Eye and ear injuries
- Epilepsy, seizures and febrile convulsions
- Head, neck and spinal injuries
- Vomiting and diarrhoea

Course details:

This course includes the skills and knowledge required to provide a first aid response to a casualty in line with first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies.

Course overview: Students start the course with online learning through the eLearning portal. The online learning and knowledge-based assessment review and reinforce existing CPR and first aid knowledge prior to progressing to the practical refresher, practice and assessment in the classroom.

Course duration and delivery: 3 - 4 hours Online training and assessment plus 3 hours face-to-face training and assessment that includes:

- Performing CPR on a casualty in accordance with the Australian Resuscitation Council (ARC) Guidelines
- Accessing and operating an Automated External Defibrillator (AED) during a cardiac arrest
- Providing first aid in accordance with first aid principles and practices in a variety of first aid scenarios
- Recognising and responding to life-threatening emergencies
- Writing and reporting on details of an incident

Location: The course is conducted in Perth and other locations in WA.

Enrolment Timeframe: Students have a maximum of thirty calendar days post the classroom component of the training to complete the knowledge-based assessment if not completed prior to the classroom training (recommended pathway).

Assessment: There are knowledge-based assessment questions to complete via the eLearning portal. Practical assessment tasks will be assessed during the classroom part of the course.

Fee includes:

Online access to eLearning resources, learning and assessment resources including physical training resources and first aid equipment.

Entry requirements:

- Students must be experienced professionals who have previously completed first aid training and have existing knowledge and practical experience in providing CPR and first aid.
- Students must have the necessary health and fitness to carry out the assessment requirements which are to complete 2 minutes of continuous CPR on an adult manikin placed on the floor and 2 minutes of continuous CPR on an infant manikin. Please discuss any injuries or physical limitations, with the RTO staff prior to enrolment.
- Students must complete 3–4 hours of online learning via the eLearning portal prior to attending the classroom session.

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Getting started:

On enrolment we will provide access to our eLearning portal where students can the online course. The student is then able to progress through the modules in their own time, at their own pace. This will take approximately 3 - 4 hours to complete.

Once all modules and the knowledge assessments have been completed, you will be ready to attend the classroom session. You can only attend the face-to-face practical sessions by once the online learning has been completed. The face-to-face session are delivered over a 3-hour period, through practical training and assessment tasks.

Language, Literacy and Numeracy requirements:

An understanding of spoken and written English is required to complete this course. You must be able to:

- Give a clear verbal instructions
- Understand verbal questions
- Read and understand written instructions
- Write an incident report

Please review our self-reflection questions which will provide an overview of the skills required to progress through this course.

Physical requirements:

The physical ability to complete 2 minutes of uninterrupted single rescuer CPR on an adult manikin placed on the floor and 2 minutes of continuous CPR on an infant manikin.

Reasonable adjustment can be made to certain aspects of the course without affecting the outcomes stipulated in the unit of competency.
If you believe you require reasonable adjustment, contact the office ahead of the scheduled course to determine what assistance may be available to you.

Certification:

On successful completion of the assessment requirements, students will be provided with a Statement of Attainment for the following units:

- HLTAID009 - Provide cardiopulmonary resuscitation
- HLTAID010 - Provide basic emergency life support
- HLTAID011 - Provide first aid

Complaints and Appeals:

If you have a complaint regarding your course or wish to appeal any assessment decision, please contact the office. A formal complaint or appeal must:

- Be provided in writing to the Training Manager
- Clearly identify the course, result or decision
- Clearly detail the specific grounds of the complaint or the appeal
- Be made within 10 working days from the day the student attended the course

VET Policies: https://royallifesavingwa.com.au/programs/vocational-training/rto-policies

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