

LIFE SAVING VICTORIA

Lifesaving education programs **partnership**



Join Life Saving Victoria's (LSV's) rich history of education programs

Since 2000, LSV has been delivering our fun and engaging open water programs to over **30,000** participants!

We are proud of what we have achieved, but we can't do it alone. By partnering with schools, communities and organisations, we aim to ensure that all Victorian children have access to a lifesaving education program.

LSV's education program history

- ✓ Open Water Learning Experience (OWLE)
- ✓ Bush Nippers
- ✓ Sink or Swim and Meet a Lifeguard
- ✓ online and virtual reality programs
- ✓ community events
- ✓ inclusive beach programs for diverse groups

Where are we now?

LSV and our partners run programs throughout the year in Victorian classrooms, beaches, rivers, lakes and pools.

Annually, we deliver programs to over **30,000** participants



Pool



River



Lake or
reservoir



Beach

Want to find out more? Get in touch with the education team!
education@lsv.com.au / 03 9676 6940 / www.lsv.com.au

What are lifesaving education programs?

A holistic approach to swimming and water safety for Victorian children so that they can:



Develop water safety knowledge through classroom programs



Build competency through practical swimming lessons



Expand skills through open water experiences



Lifesaving education programs mapped to the Victorian curriculum

It can be tricky to navigate the **Victorian curriculum** – we are here to help you every step of the way!

In partnership with LSV, you can benefit from these resources (and more) to help deliver a curriculum-aligned program:

- access to activity guides linked to the Victorian curriculum
- breakdown of funding available to schools
- a complete pack of lesson plans and resources through our portal



Navigate the curriculum with fast cards, extension cards and video demonstrations!



Did you know?

Our programs link directly to the Victorian curriculum. Lifesaving education programs are flexible, suited to all program lengths, environmental conditions, knowledge and skill levels.

Curriculum	Junior			Intermediate		Advanced	
Year level	F	1	2	3	4	5	6
Be Aware & Be Prepared Key learning outcomes	<ul style="list-style-type: none"> Understand how different dangers can hurt or harm us at a waterway Know where to look for safety signs, understand common symbols and know who to ask for help deciphering signs Understand where rips and currents are commonly found and how to avoid them Identify common dangers in and around pools and understand supervision requirements Learn how to spot waves that are safe or unsafe to swim in for different swimming abilities Know how and when to contact emergency services 			<ul style="list-style-type: none"> Identify dangers near waterway Recognise a safety sign and understand what the symbols mean Identify dangers of strong currents Understand how rips are formed, what they look like and how to avoid them Understand the pool environment and identify safety features Identify surging, spilling, and plunging waves Identify who can help us and how to contact them 		<ul style="list-style-type: none"> Make an informed decision about if a waterway is safe to swim or recreate in Think critically about the benefits and limitations of water safety signage Identify dangers of strong currents and rips, and how to educate and inform others of their danger Understand the benefits of aquatic facilities to the community Make informed decisions about which waves are best for playing, swimming, surfing and body boarding, and which waves should be avoided Identify who can help us in an emergency, and how our location, behaviour and other factors can help or hinder them in an emergency 	
Links to Victorian Curriculum	Identify people and actions that help keep themselves safe and healthy Identify actions that promote health, safety and wellbeing Follow rules when participating in physical activities			Practise strategies they can use when they need help with task, problem or situation at home and/or at school Recognise situations and opportunities to promote health, safety and wellbeing Identify and explore natural and built environments in the local community where physical activity can take place Identify rules and play fairly when participating in physical activities		Describe and apply strategies that can be used in situations that make them feel uncomfortable or unsafe Identify and practise strategies to promote health, safety and wellbeing Participate in outdoor games and activities to examine how participation promotes a connection between the community, natural and built environments, and health and wellbeing	

The lifesaving education partner portal

Our online partner portal is your one stop shop for everything you need to run a lifesaving education program.

Marketing and communication

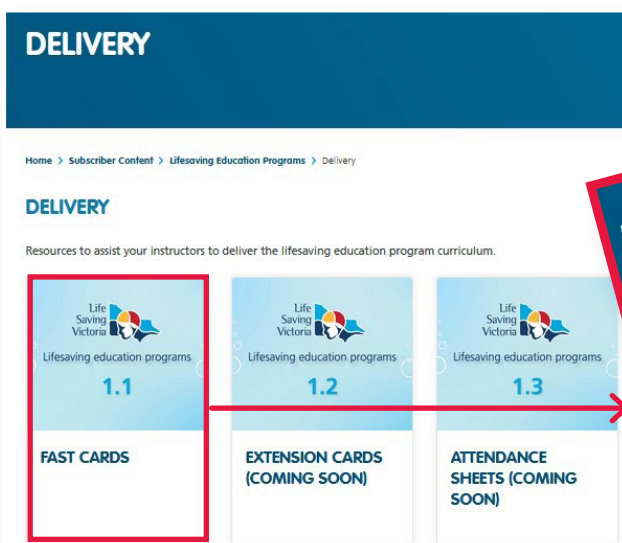
- ✓ social tiles and web banners
- ✓ parent information letters
- ✓ media releases

Planning templates

- ✓ pre-program planning tools
- ✓ daily checklists
- ✓ participant information sheets
- ✓ FAQs for coordinators and parents
- ✓ funding, grant and sponsorship info

Curriculum and delivery resources

- ✓ all in one manual
- ✓ lesson plans
- ✓ training videos
- ✓ attendance checklists
- ✓ activity resources
- ✓ risk management app and templates



Getting your program started!

We know what it takes to get a successful program up and running. Here is where we can help.

Grants & sponsorship

LSV supports you to apply for funding, grants and sponsorship to cover costs of equipment, wages, training, qualifications, permits, risk assessments and marketing. Access budgets and grant templates through our partner portal!

Social media promotion

Through LSV's extensive social media networks, we will help promote your programs to audiences across Victoria. This is a fantastic way to capture holiday makers from Melbourne heading to your community over the holiday period.

Website promotion

Our partners get a featured spotlight on our website. A direct booking link from our website to your booking page will help drive enrolments.

Community activation events

Nothing beats getting in touch with your customers face to face! For an additional fee, our partners get access to our library of community activation resources, activities and mascots – perfect for markets, fairs, festivals and school incursions.



Staff training and qualifications

The first step to preparing your staff to deliver a program is to get them trained and qualified.

Training

Partners receive 1 annual training session delivered by LSV. Our experienced staff will help you:

- ✓ transfer existing skills to open water
- ✓ manage risk and supervision requirements
- ✓ understand and deliver program curriculum



Location	Qualification required
All staff at all locations to hold current CPR, First Aid and Working With Children Check.	
Inland waterway	One team leader/ supervising staff to hold Inland Waterways Life Saving Certificate and all staff to hold Swim Teacher or Pool Lifeguard award.
Beach	All staff to hold Community Surf Life Saving Certificate or SLSA Bronze Medallion.
Pool	All staff to hold Swim Teacher or Pool Lifeguard.
As per qualifications set out in: DET Policy Advisory Library (PAL) School Operations: Swimming Instruction and Water Safety Education	



Current at time of printing, subject to change. Find out more at: www2.education.vic.gov.au/pal

What does a partnership with LSV look like?

We build sustainable programs through our 3 year model

First year partner Getting started	Second year partner Building sustainability	Third+ year partner Running independently
Full support from LSV for: <ul style="list-style-type: none"> • program delivery • training • resources • planning guidance • marketing and promotion • grant seeking assistance 	Led by the partner, LSV will provide support with: <ul style="list-style-type: none"> • 1x annual training • resources • planning guidance • marketing and promotion • grant seeking assistance 	Independently run by the partner, LSV will provide support with: <ul style="list-style-type: none"> • 1x annual training • resources • planning guidance • marketing and promotion • grant seeking assistance
\$3,135 annual partnership	\$3,135 +CPI annual partnership	\$3,135 +CPI annual partnership
\$6,210 first year partner fee, allowing for: <ul style="list-style-type: none"> • location scope and risk assessment • 2 LSV instructors throughout the first program 	N/A	N/A
\$1 per participant	\$1 per participant	\$1 per participant
Optional extras: <ul style="list-style-type: none"> • nipper caps: \$8 per participant • equipment: purchase or hire • additional LSV instructor support • high visibility rash vests: \$36 per participant • staff uniform • promotion at community events and activations 		

How to get involved!



Time to take the leap and run your own lifesaving education program.

Take a look at how one of our partners has already built a successful, sustainable lifesaving education program

CAMPASPE SHIRE COUNCIL: A CASE STUDY



Type of program: School holiday program, Summer and Easter holidays

Location: The 'Onion Patch', Tongala (Murray) River, Echuca

Financing: Campaspe's pilot programs were funded through Life Saving Victoria. Following on from the successful pilots, Campaspe Shire Council have now set-up programs to run at break-even costing with the participant fee.

This program has been delivered in partnership with Campaspe's Echuca War Memorial Aquatic Centre. The partnership allowed local staff, with local knowledge and experience to deliver programs in their community. LSV's Education and Research and Health Promotion teams were heavily involved in the set up, delivery and evaluation of the program to ensure quality and evidence based learning.

In 2022, the EWMAC Team have been able to leverage off the success and evaluation to deliver two popular and engaging programs. The Easter Holiday program, using the templates, training and equipment already provided throughout January, required minimal LSV support.

As an industry leader in lifesaving education programs, LSV will continue to support the programs with updated resources, marketing, training and guidance as needed. The team at EWMAC are now able to deliver reputable water safety programs in open water environments annually, and at an affordable price.

"Very well ran program – being a local to the Murray river, learning any extra safety surrounding the area and swimming safely is a huge advantage."
PARENT



2020

LSV selected the Echuca War Memorial and Aquatic Centre (EWMAC) in the Campaspe Shire to pilot the inaugural Bush Nippers program.



2022

EWMAC continued from the success of the 2020 evaluation to deliver two popular and engaging programs.



2023

Now a sustainable program, LSV and EWMAC continue their partnership to deliver lifesaving education programs

FAQ's

PARTNERSHIPS ►



What kinds of groups does LSV partner with?

LSV's current partners come to us from a variety of backgrounds, including aquatic leisure centres and surf lifesaving clubs. Anyone with a passion for teaching water safety is welcome to get in touch with us about partnering with LSV!

What support will LSV offer past the 3-year point?

LSV is committed to offering ongoing support to our partners, which does not finish at the end of year 3. You continue to receive support and access to training and online resources - which will be continually improved and updated at the end of each year in line with feedback from our partners.

PROGRAMMING ►



What locations can I run these programs at? Can we use a pool?

Yes! You can run programs at your local swimming spots including at beaches, rivers, lakes and pools. All venues must be approved by a risk assessment, and a venue check by an LSV staff member prior to running the program.

What activities are included in the program?

Our activities aim to maximise learning opportunities, while ensuring they are still fun and engaging. Activities include learning how to paddle a board, complete a rescue, how to respond to an emergency or floating with a lifejacket.

What happens if it is cold or rainy?

Unfortunately, the weather is not always on our side – but that doesn't mean we can't still run an awesome program! When the poor weather comes through, co-ordinators can modify programs to maintain participant's and instructor's comfort and enjoyment during all weather conditions. We also recommend having an indoor back up venue available in the event of lightning or storms.

What is the maximum number of participants in a program?

This is dependant upon the size of your program area, as well as the instructor to participant ratio. In consultation with LSV, we will make recommendations for the maximum number of participants for your program.

What is the ratio of instructors to participants?

- Surf beach 1:5
- Bay beach 1:10
- Inland waterway 1:10
- Smaller ratios may be encouraged where young participants, or those with additional needs are participating.

What uniform should staff wear?

Partners have exclusive access to purchase uniform through LSV, suitable for open water venues. We can supply boardshorts, high-vis long sleeve rash vest and broad brim hat. Other recommended uniform are wetsuits and water shoes. Uniform can also be provided by the individual partners.

"Students really enjoyed the experience. It was new for a lot of them. Students were put out of their comfort zones at the start but then became more confident towards the end."
SCHOOL TEACHER, BALLARAT

"Our kids have absolutely loved bush nippers and are already asking to be booked in for next year! They started the week with minimal river knowledge and by the end felt more confident in the river and understood how to be water safe. I feel more confident knowing they have learnt so many valuable lifesaving skills and how to respect our inland waterways, which means we can spend more time enjoying what our beautiful country has to offer. Thanks so much LSV!"
PARENT, U10, ECHUCA



Want to find out more?

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